



Family Camp Tips and Tricks

This document was created by NEHA community members who have attended Family Camp before. We hope it helps you prepare and pack for camp.

Supplies

- Extra batteries for flashlights and headlamps
- Power strips as some cabins have very few electrical outlets, but be careful not to overwhelm the system with things like hair dryers. High heat WILL blow a fuse.
- Case of water or refillable water bottles
- Baby wipes for dirty hands and feet
- LOTS of bug spray
- Sunblock
- A backpack from home for carrying daily necessities like sunblock/bug spray/towels work much better than using giveaway bags that you get at camp.
- Multiple shoes, sandals, or even rain boots. Water shoes also are great for the beach.
- Multiple bathing suits.
- Cash for small businesses in the area that don't accept credit cards and quarters for washing machine (camp has a washer and dryer).
- Your own sheets and bedding. The cabins and beds are rustic. Some families even bring foam twin size mattress toppers.
- Pajamas that you can add or remove layers. The temperature can change from one night to the next.
- Backups on things like sweatshirts in case they get dirty.
- Clothes for any weather (including rain)
- Comfortable shoes as there is a lot of walking at camp.
- Shower caddy for family to grab with shampoo, soap, flip flips for easy transport to showers
- Sharpie to label your kids water bottles, string bag, towel. It's important to label everything.
- Fans! Cabins do not have ac or heat. Some years were so hot people used a window and oscillating fan.
- Camping chairs for the beach and campfire.
- Beach toys for the waterfront.
- Cooler to keep cold waters and snacks in cabin. Bring containers/ ziplock bags to ensure snacks are sealed.
- Door mat to get debris off shoes before entering cabins/tents/RV's.
- Outdoor extension cord if sleeping in a tent
- Plenty of towels for beach/waterplay/showers
- Rope to string up between trees can be helpful to line dry towels and swimsuits.
- Reusable cups/mugs to take drinks from meals



- Flashlights/headlamps are great to bring for each member of your family
- Bring lots of snacks, especially for picky eaters.

Advice

- Leave room in luggage when packing for any sponsor items you may receive at camp.
- Be as timely as possible. Color pods can not start rotations until they have all participants.
- Most cabins only have a toilet and sink. Showers are located in bath houses.
- The outdoor showers behind the bath house in the Tent/RV field are clean and sought after by most camp families.
- There is an ice machine behind the laundry building, but is not to be used excessively for filling multiple coolers
- Take note of mealtimes and review your schedule
- Do not expect hotel accommodations. This is camping. Your cabin can, and likely will, have some bugs, though they do clean them before we get there.
- The curtains in most cabins can be thin or light colored. If you need it dark to sleep or for littles to nap, bring dark sheets your blankets to hang over the window.
- Go with the flow. It can be hard to adjust with littles- especially for the first time.
- Biggest tip, roll with it. If you don't stress over how things "should" be it'll go smoother.